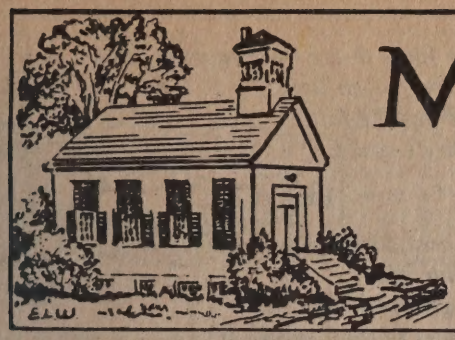
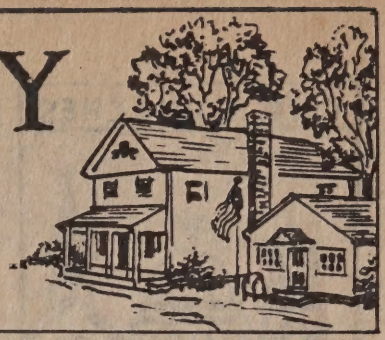


MONTEREY NEWS



JANUARY 1984

VOTERS APPROVE NORTH ROAD ASSOCIATION'S BRIDGE AT SPECIAL TOWN MEETING

At a special town meeting on December 19, about 60 voters unanimously passed the first two articles dealing with small sums of money for the Soldiers' Graves Account and the Library without discussion and then spent over an hour's discussion before approving Article 3, which asked the Town to authorize the North Road Association to reconstruct the bridge over Rawson Brook on New Marlborough Road and then to authorize the selectmen to accept the completed structure as a gift from the Association.

The issue was whether to stick by the decision made at last spring's town meeting to build a bridge according to state specifications and be reimbursed for its costs in full by the state or to let the North Road Association build a bridge which better suits its aesthetic and technological philosophies. To begin the discussion, Lew Scheffey spoke briefly of the Association's intent to build a "wider, stronger, more attractive bridge," and described its motivation as being out of appreciation and love for Monterey. Jack Cyz of Brown and Associates outlined the details of the bridge: stone abutments, a two-ply timber deck, timber curbs on each side and a system of rails to replace the present telephone poles. The deck will be 19 feet wide, about five feet wider than the present bridge, to accommodate plows, haywagons, and the like. Stones will be similar in type to the existing stones. New steel stringers will be laid on a reinforced concrete cap with ends exposed to allow periodic inspection, cleaning and painting. Stringers will be tied together for lateral bracing and will have bearing caps to prevent rust and corrosion. The rating will be adequate to sustain a 40,000-pound two-axle truck, a 50,000-pound three-axle truck, or a 72,000-pound trailer truck. No town equipment exceeds these maximums.

A question was raised about the life expectancy of the bridge. Cyz replied that the stringers, if well maintained, will last forty to fifty years. The decking, if pressure treated as designed, will need replacing about every ten years. Further questions were posed regarding high water susceptibility, guard rails and maintenance. Peter Murkett responded with an observation that the stonework which now needs the most work on the present bridge is on the corner which has historically taken the least abuse from high water. It was pointed out that stonework is an old, low-technology method of construction which has proven to be tried and true. As for guard rails, Cyz stated none was proposed, but he suggests they be constructed. Both Hans Kessler and Jed Lipsky acknowledged that once the bridge is given to the Town, Monterey will be responsible for maintaining it, and its maintenance will require more than the state-proposed box culvert bridge. Liability will also be the responsibility of the Town. Ray Ward suggested that a bond be posted for performance standards and liability during construction. He recommended a Clerk of Works be appointed to inspect periodically. Lew Scheffey stated that the Association has secured a letter of credit from a local bank in the amount of $15,000, which he estimates to be twice the cost of the bridge. Highway Superintendent John Fields was represented as having said that so long as the new bridge is wider than the present bridge and has a good weight-bearing rating, he will accept any decision by the town. Among the last point considered was the fact that the Association's bridge will retain the present clearance for flood water and debris, whereas the proposed state bridge, consisting of two box culverts, each with only ten feet of clearance, would present more of a problem during flood times.

Dean Amidon made a brief statement regarding the DPW's involvement in the bridge controversy. He said he wished to make clear to the gathering that he and the DPW want Monterey to have a bridge with which it is content and never had intentions to force an incompatible bridge on the town. The money allocated for the state-proposed bridge will be directed elsewhere.

BOB ENSIGN RESIGNS AS BUILDING INSPECTOR

Bob Ensign offered his resignation as Monterey's building inspector at the December 5 selectmen's meeting. His resignation became effective at the end of 1983. Donald Amstead will replace Mr. Ensign.

HENRY MAKUC REAPPOINTED TAX COLLECTOR

Monterey selectmen reappointed Henry Makuc tax collector at their December 5 meeting. Selectman Hans Kessler described Makuc's resignation in November as a "technicality" which had to do with pension eligibility.

BOARD OF APPEALS NEWS

At a public hearing on December 9 the Monterey Board of Appeals granted a variance from the Table of Minimums of the Monterey Zoning By-Law for a division of property to Raymond Tryon and June Tryon. The property is composed of approximately 6.85 acres located on Route 23 and Tyringham Road. The Board denied a variance to Judith Friedman, who sought permission to erect and maintain a deck within the minimum setback distances required by Monterey Zoning By-Laws. The Friedman property is composed of .55 acre located on Elephant Rock Road on Lake Garfield.

CATHOLIC CHURCHES

Masses Schedule

Our Lady of the Valley, Sheffield
Saturday, 5:30 p.m.
Sunday, 7:30 and 10:30 a.m.
Immaculate Conception, Mill River
Sunday, 10:00 a.m.

UNITED CHURCH OF CHRIST

Worship and Regular Meetings

Church School, Sunday at 10:30 during morning worship. Morning worship each Sunday at 10:30 a.m. with childcare at same time in the Social Room. Choir rehearsal Tuesdays, 6:15 p.m. at the Brallier home. Meditation and prayer, 7:30 a.m. in the Social Room. All are invited. Bible study, Thursdays, 7:45 p.m., at the home of Lucy Smith.

COVENANT SUNDAY

The second annual celebration of Covenant Sunday will be held in the Monterey Church during the Morning Worship on January 8 at 10:30 a.m. Churches with a Congregational background all have a covenant as the basis for the church fellowship.

In the case of the Monterey Church it adopted what is known as the Kansas City Statement of Faith adopted in 1913 by the church in general.

Covenant Sunday is an opportunity for members and friends to examine afresh the basis of our life together and to renew our commitment to Christ through the Church.

ANNUAL MEETING

The Annual Meeting of the Monterey Church will be held on Sunday, January 15, beginning with the morning worship. Following the worship the regular business of the church will be conducted, which will include receiving reports from the various officers and committees of the church, adopting a budget and electing officers.

At this meeting it is being proposed that we not have a divided board of deacons and deaconesses but that there be a single diaconate board, all members to be known as deacons.

At the conclusion of the meeting there will be a covered-dish dinner. Letters giving information about the meeting are being sent to all members by Jean Stowell, clerk of the church.

Blue and white folds drape the heavenly bowl
Lowered over the frozen land.
Blue and white are the folds
Of Mother Mary's gown.

PRAYER

Oh Mother, whose birthing we celebrated
But a short while ago.
You who sit high in heaven
And let the pleats of your garment
Drape our frigid earth,

Do you know of the acid snow
That blankets our fields?
Do you know of the sulphuric fumes,
The carbon dioxide, the photosensitive particles
That pollute our ocean of air?

Oh Mother of us all
And of the One Whose Father forsook Him
In His hour of cruel death,
You who have stood by your son
And watched his lifeblood drain into the earth,

Stand by us in our hour of need.
Stay with your hand the radwaste, the meltdown,
the invisible, tasteless, odourless killer rays,
The smart missile homing in on the innocent,
The nerve gas and the neutron bomb.

You who have witnessed with us the mushroom cloud
That blankets the soil with death,
Let the folds of your blue and white mantle
Envelop and protect us.

— Loul McIntosh

Snow scene *Photograph by Dede Cummings*

PATTERNS: Part II

Last month we noted the prevalence of patterns whichever way we turn in life. All of our lives are marked by patterns. Indeed, we could begin to talk meaningfully about the character of a person in terms of the patterns that prevail in his or her life.

Usually we give little thought to these patterns. We find ourselves concerned about them only when they are tripping us up or plunging us into difficulties. We noted how, if a life is patterned around fear, fearful things keep appearing in that person's life.

Now for the question, Why is it that we believe in the power of negative patterns more than we believe in the power of positive ones? The answer to that seems quite obvious. In the course of "becoming," in the pathway of development, we are clearly better acquainted with the early part of the pathway than we are with the latter part of the path. We have the bumbling history of the race as well as our own personal history of bumbling to deal with. It is natural, completely natural, that we are better acquainted with the early part of the pathway than we are of the latter part. So, let us not be too harsh with ourselves that we are more easily convinced of the negative side of learning than we are of the positive side. We simply have had a lot more experience with the negative than we have had with the positive. It is not really shocking, then, that we know the patterns of fear better than faith, or that we know illness far better than health.

But let us be clear that the laws governing the patterns in our lives are the same laws whether we are learning negative or positive ones. It is the same water from a reservoir that can either drown us or sustain us in life.

We noted last month that much of our fear patterns were put into place by living in an atmosphere of fear. In that instance the atmosphere gets translated into what we sometimes call a "gut reaction." In short, fear is patterned into our guts. It becomes our first and "natural" reaction to almost any unfamiliar situation and to every familiar situation that has evoked fear before. It tends to remain our reaction until we learn a better way.

Now comes the issue, since we tend to believe more completely our early experiences—and these often include fear—how are we going to reverse this trend until faith and hope and love seem as valid and real as fear? We need to remember that in this area we humans learn by experience. We don't change our way of seeing simply by telling ourselves we should see differently. We need experiences of trusting rather than fearing, we need experiences of health flowing through our bodies rather than illness. I can hear the protests, "But suppose my early experiences were filled with fear, and suppose illness has been my lot, how in the world am I now going to turn this into faith and into health?"

It is a fair question and it deserves a straight answer. There was an axiom in the household in which I grew up that went, "Nothing ventured, nothing gained." Life is at least an opportunity for venturing. So, we have this duality, this paradox, that tugs on us from each side. Fear is saying, "You are in bondage to your past." Faith is saying, "Venture into the unknown." How does one break the stalemate of this internal debate? I do not know how to proceed until I position myself within the understanding that life is a process of unfolding. Life is intended as an arena of learning and development. We need to look at each day as a fresh opportunity to see or experience something that was not in our yesterdays. This positioning, this attitude, is the critical ingredient. By expectation we build life. We go the direction we aim ourselves. The universe has amazing responsiveness to our own inner directedness. To be sure, the universe will not honor my desire to fly simply by my flapping my arms and pretending they are wings. But if I steadily desire to fly the universe will help me find any number of ways to fly. Yet for a great part of human history the person who wanted to fly was considered touched in the head!

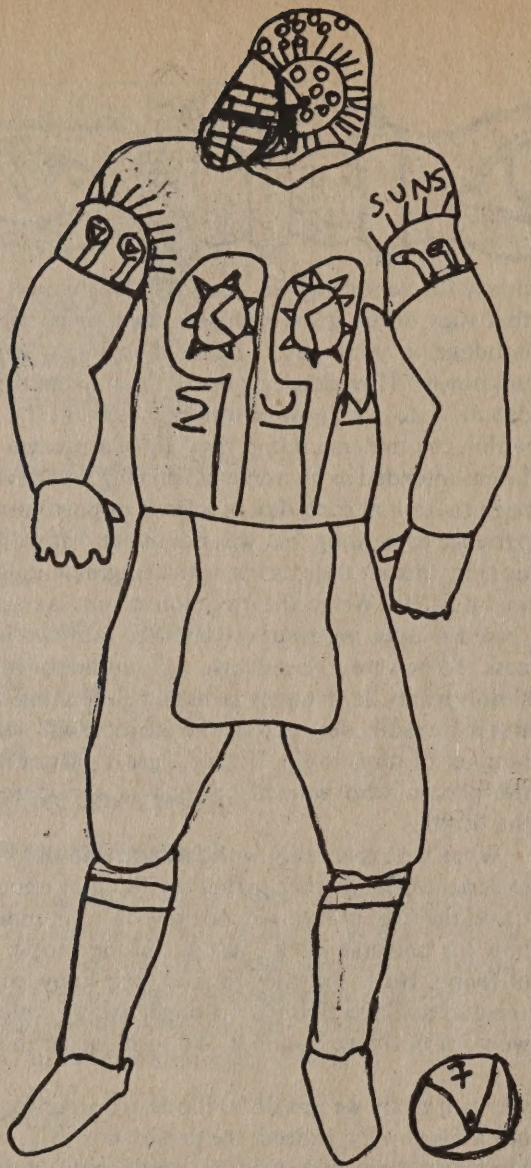
When we experiment with faith instead of fear, we begin to experience things that earlier we thought impossible. As we travel the road of faith we start revising our understandings of how the universe works, just as did the people who dreamed of flying. Bit by bit they revised their knowledge of the universe so that now flying is no longer a faith exploration. When we want ot fly we just do it. It doesn't occur to us to question

we want to fly we just do it. It doesn't occur to us to question our ability to fly. Indeed, the person now who would say that humans cannot fly would be considered out of his head.

Each of us has the possibility, yes, the invitation to unfold, develop, manifest powers we did not know we had. It is simply the way things are. Fear tends to inhibit this unfolding. Faith —or call it confidence—sets up a pattern that travels in quite a different direction. Faith uses the same raw material to create patterns as does fear. It uses experience. Yet it creates a pattern that is practically opposite in its effect on us. It open life up instead of closing it down.

Life takes form through patterns. The universe seems to rejoice in the diversity of patterns it is possible to bring into being. I have suggested just a few ways to think about the marvel that each of our lives is. From of old observers have noted the negative and positive patterns we may use in expressing ourselves. Could it be that humanity is in its early stages rather than in its fall and decline? Who really knows where humanity is in its pilgrimage. Yet how are we to explain the weak grasp of the population in general on the patterns that open and free life. In the final analysis, however, the pathway each of us travels is a very individual one. My choices ultimately are mine alone. Even the person nearest my side and dearest to my heart cannot make or unmake the patterns I am making for myself. Whatever company I may gather to help me journey, it finally turns out that I travel alone.

— Virgil V. Brallier, Minister
Monterey United Church of Christ



drawing by John Blount

NEWS FROM NEW MARLBOROUGH CENTRAL SCHOOL

Elizabeth Daly of Sheffield presented two puppet shows at the New Marlborough Central School on November 21. The event was sponsored by the Monterey-New Marlborough PTA as a part of its Reading Is Fundamental (RIF) project. The federal government and the PTA provide funds for the purchase of books to be distributed to children in Grades K-4 three times a year. The children are able to select a book of their own to read and keep. The PTA has participated in RIF for three years. Claudette Callahan and Fran Stevens are the coordinators. December 5 was the date of the first RIF distribution of the school year.

We welcome Sherry Mallory, a parent volunteer, who comes to the school on Tuesdays and works with Grade 4, 2 and 1 students. She provides a valuable service for the teachers by working with small groups of children in reading and math.

The children of the school got an unexpected vacation on December 9 when school had to be closed to allow for some repairs to the boiler.

The Christmas spirit has descended on New Marlborough and excitement runs high. The children are studying hard in all areas, but also they are getting a chance to work on Christmas projects of all sorts.

(New Marlborough Central School, cont'd)

In first grade the pupils have made a village under the direction of elementary art teacher Mrs. Helen Knollmeyer. Mrs. Knollmeyer is substituting for Mrs. Donna Drew, who is on maternity leave for this school year. They have also made some beautiful paper ornaments and Santas which hang gaily around and about the classroom. They have completed their Level II reading word lists with the New Marlborough Reading Monitor, Mrs. Georgiana O'Connell.

Grade 4 is participating in the *Weekly Reader* Pen Pal Club. They are writing to children in New Holland, Pennsylvania. They have also written letters which will be put in bottles and dropped into the Atlantic Ocean from Portland, Maine. This is the fourth year Mrs. Roy's class has done this, and it is a marvelous experience to hear from someone who has found one of their bottles.

The fourth grade cooking projects this month have been peanut butter balls and peanut butter cookies.

As a service project for Christmas, Grade 4 voted to make contributions of food and clothing to the Southern Berkshire Community Action. All of the items collected were delivered to Community Action by their teacher, Mrs. Roberta Roy, in plenty of time for Christmas.

On December 14, cafeteria manager Jean Curtis served a delicious Christmas dinner with all the trimmings to students, staff and invited guests. The students in the fourth grade made cranberry-orange relish, which was served with the dinner. They also created some very special placemats for guests Thomas Consolati, Superintendent of Schools; Patricia Boteze, Supervisor of Food Services for the district; and Albert Trocchi from the Department of Education, Northwest Regional Education Center in North Adams.

Grade 2 pupils have finished the Seed Unit in Science. They have also completed the Comprehension Unit in Getting the Main Idea. For their Christmas activities they have been *sewing* on a sewing machine under the watchful eyes of their teacher, Mrs. O'Connell, and Mrs. Clapp, a volunteer mother. they have sewn their own stockings and put their names on with glitter. They also stitched stuffed animals which were placed in the stockings. If you get a chance to visit the school, you will see their handiwork "hanging by the chimney with care" on the second grade bulletin board.

The annual Toy and Gift Sale, sponsored by the Monterey-New Marlborough PTA, was held at the school on December 14 and 15. This event is the biggest fund-raiser they have and is always well attended. The children of the school got a chance to do their Christmas shopping on the afternoon of the fifteenth. All of the items were marked down especially for them.

Students in Grades 1, 2, and 3 wrote letters to Santa Claus. These letters were delivered to *The Berkshire Courier* on December 15, and from them certain ones will be selected for publication.

A Christmas "Sing-a-long" was held at the school on December 16. Allen Lampman, elementary music teacher, directed the event, which is always a delightful affair for students and staff alike.

Christmas parties will be held in all the classrooms on December 20. Room mothers for all the grades are helping the teachers with the refreshments and games.

YOUTH NEWS

Cub Scouts

The Cub Scouts have completed several projects involving Indians. Some of these projects have been Indian picture stories and making bell bands and tom-toms.

On December 6 they visited the Children's Health Program, and they learned about hygiene from Janet Stanton and Jodi Tuller, Pediatric Nurse Practitioners.

December 14 was the date for the annual Christmas Workshop. This event is attended by all the scout troops in Monterey and New Marlborough and is always a huge success.

Keeping up the Christmas spirit the Cubs made posters and decorated the New Marlborough American Legion Hall for the post's Christmas party to be held for all children of the area on December 17.

Upcoming events in January and February will include a visit to a local library and a chance to learn more about logging and logging machinery from Jed Lipsky, owner of Blue Hill Logging in Monterey. They will also continue their study of Indians by visiting David McAlleste where they will get a chance to see an Indian dwelling.

Brownie Troop #237

The troop has been very busy for the past two months. For Thanksgiving the girls made stand-up paper plate turkeys for their Thanksgiving dinner tables. The troop also made delicious pumpkin bread to be enjoyed by each family. Congratulations, girls, on a job well done!

The troop started preparations for Christmas. The girls did a terrific job in making pom-pom wreaths and styrofoam-head snowmen to decorate their homes for the holidays.

Troop #237 traveled to Southfield to attend the Christmas Workshop. The girls had a terrific time and all enjoyed making the decorations and ornaments.

Youth Group

Meg and Jim Wilson are creating a group for young people grades six to ten. The three things the Wilson plan to do are recreational activities, group discussions and community services.

The first meeting was held on Sunday, December 18. They made candles, had pizza and talked about what a youth group is.

On December 23 they planned to go caroling to shut-ins and bring the candles they made as gifts.

Juniors

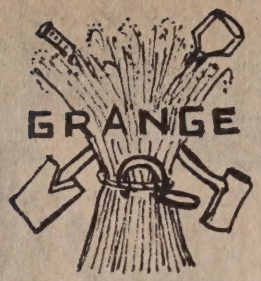
The Juniors attended the Christmas Workshop at the Ladies Aide Hall in Southfield along with many other troops.

The Juniors had their own table where they made reindeer ornaments.

Be on the lookout for Juniors because cookie sales start in February.

MONTEREY KIDS ON THE MT. EVERETT REGIONAL SCHOOL'S FIRST QUARTER HONOR ROLL

Grade 12: Sherri Burkholder, Karen Hayes, Laurie Briggs; *Grade 11:* David Smith; *Grade 9:* Randy Burkholder, Michelle Grotz; *Grade 8:* Burton Burkholder, Janet Thieriot, Christopher Makuc; *Grade 7:* Shelby Loder.



MONTEREY GRANGE NEWS

Monterey Grange #291 met December 7. Deputy Alicia Brazie was present and installed Patricia Hardisty as Secretary and presented Alice Shaffer with a Past Secretary's Pin.

Members brought in articles for the cheer boxes for the Christmas raffle.

Monterey Grange #291 met December 17 for its annual Christmas meeting for members, families and friends. The program started at 7:00 p.m. and consisted of a reading by Amy Enoe, "Holiday Safety" by Martie Hardisty, vocal solo by Jessica Thorn, readings by Anne Trudeau and Herman Trudeau, saxophone selections by W. Ray Ward and carols by all. There was a candle lighting ceremony, the Ten Christmas Commandments, and a Christmas Devotional Service with Alice Shaffer as Reader and Marjorie Slater as Soloist, accompanied by Barbara Van Orman.

At 8:00 p.m. a delicious buffet was served.

The raffle was a success, and the drawing was held. The hand-latched rug made and donated by Marian Thomson was won by W. Raymond Ward. The grocery basket donated by members was won by Robert Gauthier. The holiday cake made by Terry Callan was won by John Warner. The Grange wants to thank all who helped and wish for all a happy holiday season.

The next meeting will be a regular meeting on January 18 at the Hardisty home.

— Mary Wallace
Lecturer

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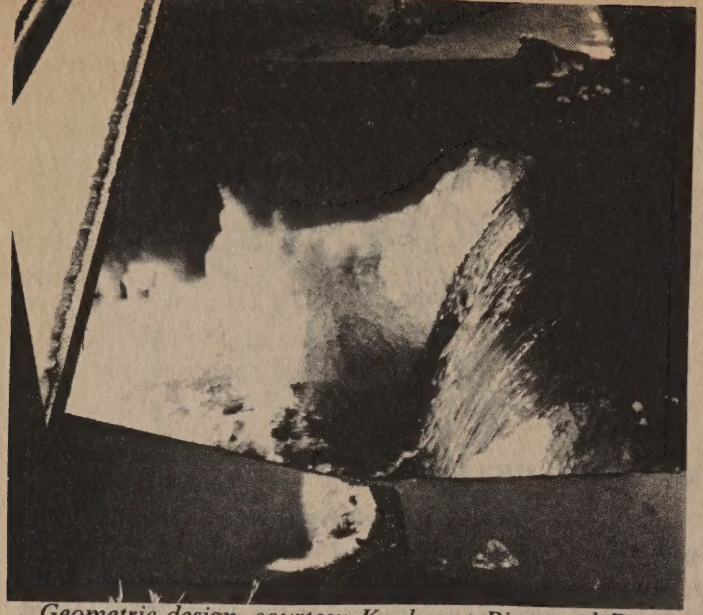

Geometric design, courtesy Konkapot River and Dam

MONTEREY ARTS COUNCIL

The Monterey Arts Council would like to thank everyone responsible for the success of our spirited square and contradance on December 3. We owe special thanks to the Mountain Laurel Band for their invigorating performance, Ray Tryon and the Monterey Fire Company for their hospitality, and Michele Miller and Hinako Marcus for the refreshments. Proceeds from the dance will be added to our scholarship fund.

The Monterey Arts Council was formed by the Selectmen to distribute money from the Commonwealth's lottery fund. It consists of eight artists/craftspeople who reside in Monterey. It is their task to decide to whom or for what purpose the guaranteed minimum of $1,000 per year will be awarded. This fund will be made available for a wide range of artistic and cultural activities. Monies wil be allotted based on the highest professional standards with emphasis on community oriented programs.

Besides awarding money to individuals, the Arts Council can originate its own programs in an effort to stimulate the artistic creativity of our community and bring cultural events to our town. We are considering the renovation of gallery space exclusively for exhibitions by Monterey artists. We also hope to act as a clearinghouse between local artists and the business community which might have need of their services: graphics, sculpture, etc. That is why we need Monterey artists to come forward and register with the Arts Council.

The Monterey Arts Council is actively promoting cultural events. At our last meeting on December 20, the Arts Council and guests discussed the schedule for the coming year. Events considered were: a chamber music concert, tours of artists' studios in Monterey, an art auction, an art exhibition, a film series, an amateur talent show. We welcome you to our next meeting scheduled for Tuesday evening, January 17, at 7:30 p.m. at the schoolhouse. We also urge all those applying for funds to complete and return applications promptly. Applications will be mailed on request from the Monterey Arts Council, Monterey, MA 01245. Please direct queries to Leonard Weber (528-1878), Frank D-Amato (528-3723) or Michael Marcus (528-4115).

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TOWN NEWS

Foundation of Town Garage backed by the old shed

PROGRESS REPORT ON TOWN GARAGE

When asked how things are going on the Town Garage, Ray Tryon reported that all concrete has been poured, frost walls and floor are in place, and framing materials including truss rafters are on the site. When weather permits, the outside walls will be constructed. The roof will follow, and work will proceed from there. When asked about projected completion, Ray said, "No projections. I can't project the weather, so I can't project completion."

LANDSLIDE ON RIVER ROAD

During the first week of December about 500 yards of embankment on the corner of River Road preceding Mrs. Madeleine Coleman's house collapsed into the Konkapot River, undermining part of the shoulder of the road. The Highway Department made temporary repairs by placing large boulders and stones in the slide area. Permanent measures will be taken in the near future. Highway Department employees say that the Konkapot during flood times worked its way out of its original channel, moving to the base of the embankment and gradually eroding the bank. In addition to that, spring water collecting on the opposite side of the road and seeping underneath tends to keep the road and embankment more vulnerable.

FOR SALE

Well seasoned fireweed. Roger Tryon. 528 0728.

LADIES AID SOCIETY

Ladies Aid is scheduled to meet Thursday, January 12. Depending on weather or other conditions it will be held either in the church social room or the home of Elizabeth Simons, with Margery Janes as co-hostess.

QUILT NEWS

The first working meeting of the 1984 Monterey Quilt will be Monday, January 16, at 8:00 p.m. We will be cutting pieces for the "Streak of Lightening" pattern.

The quilt will be raffled at the end of the summer, and the money used to purchase playground equipment for Greene Park.

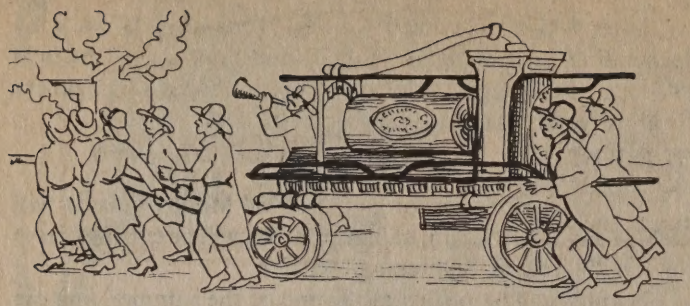
It will be a colorful quilt with a dramatic finished effect. If you have some unused cotton or cotton-blend fabric to donate or if you would like to participate and would like more information, please call Leslie Scutellaro, 528-9244.

UPDATE ON SOVIET STUDENT VISIT

Ten Soviet college students, originally scheduled to take classes at the State University in Albany (SUNY) this past fall semester, did not arrive, and their welcoming supper in Monterey during October had to be canceled. The students and their advisor were an "exchange" group normally sent here as part of an arrangement sponsored jointly by the Soviet and American State Departments. Ten American college students are currently in the Soviet Union at Moscow University; they left the U. S. A. just before relations between the two countries were strained by the downing of the Korean airliner in September of 1983. Immediately after that unfortunate incident the U. S. A. and Canada both canceled all landings of Soviet Aeroflot planes, making it impossible for the Soviet students to come here. By the time the restrictions on such landings were lifted (about two months later), the Soviet government had evidently suspended the exchange program as a protest against the deployment of the new American medium-range missiles in Britain, West Germany, and Italy.

At this writing (December 24) it appears that the student exchange program will not be renewed until some state of normalcy is re-established between the two governments. Many Monterey residents, who have entertained five groups of Soviet students in the past four years at community suppers in the church basement or at Gould Farm, are upset by the unfortunate developments. They feel that the severing of such contacts will only make a bad situation worse, and that the relationships between the two countries will deteriorate further. Some have expressed a desire to replace the community supper welcoming program by making a permanent contact with a village or town in the U. S. S. R. that resembles Monterey. Such "people-to-people" contacts are already in existence for several Massachusetts towns, and an attempt is being made to establish fifteen hundred such relationships for towns and villages all over the U. S. A. It would involve letter writing by school children, contacts between individuals in similar professions or jobs, and possibly future visits back and forth. Individuals or organizations interested in such an arrangement for Monterey should write to P. O. Box 141, Monterey, Massachusetts 01245.

— Bernard Kleban



FIRE COMPANY NEWS

A year and a half ago, late spring 1982, the locust trees that stood where the firehouse now sits had been recently cut. The firehouse foundation was in, some of the framing was up. Dan Andrus had spent eight weeks at the Mass Firefighting Academy in Sudbury, taking their basic firefighting training program. He talked about what it was like to sit in a room while an instructor kindled a fire of hay and trash in one corner so they could watch the progress, see the flashover that occurs when heat and smoke build up on the ceiling to the point of ignition. He learned what happens, what it feels like to be around while it happens, and what to do about it.

A year later, 'most all Monterey volunteers and some from New Marlborough, Tyringham and Otis had similar training experiences when instructors from the Mass Academy took us through a controlled house burn here in town. I remember the flashover in the room myself, faster than I ever expected. It was a solid reminder of how easy it can be to get hurt at a fire and become another problem instead of part of the solution. Dan was cool. He'd been through it before, and it was good to have him around. He's a lieutenant in the Fire Company now, and training other members is part of his responsibility.

Recently Dan became one of only twenty nationwide chosen from hundreds of applicants for a fellowship program at the National Emergency Training Center in Maryland. The program runs from January through April, with classroom work as well as practical training in the field. Areas of study include public fire education, fire prevention, arson detection, the chemistry of hazardous materials, and tactical considerations in fighting hazardous materials fires.

Dan's taking on this extensive training on his own initiative and at his own expense as part of his long-range goal, which is to become a professional firefighter. We wish him luck at this, certain that he'll succeed, and count ourselves fortunate in the meantime to have so well trained a volunteer here at home.

— Peter Murkett

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CAROL LEWIS

I LOVE MONTEREY DAY FINANCIAL STATEMENT

For those who wonder "where the money goes" every year for "I Love Monterey Day," here is a year-end income and expense statement by David Bach:

Sales:		
To date, T-shirts	$1,650.00	
Food, beer, wine	672.00	
Raffle tickets	205.00	
Band entrance	184.00	
	2,711.00	
Bank interest	20.78	
	$2,731.78	
Expenses:		
Berkshire Hand Prints, T-shirts		$1,014.49
Tent rental		450.00
Royal Garden Band		350.00
Mustard Seed Troupe		125.00
Septic toilet		70.00
Food and beverages, General Store		153.80
Food, Roadside Store		153.20
Typesetting, tickets, Shopper's Guide ad		21.00
Ad, Shopper's Guide		28.40
Rope for banner		30.00
Raffle tickets, printing		38.85
Contribution to Park Commission		50.00
Petty cash (change for T-shirt sales)		20.00
Bank, service charge		4.00
		$2,508.74
Bank balance, 5/23/83	$858.96	
Bank balance, 12/19/83	1,082.00	
	223.04	
Income from sales	2,731.78	
Expenses	2,508.74	
Net profit 1983	$ 223.04	

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Foot Reflexology

Foot reflexology is based on an ancient Chinese method which was first brought to the attention of the Western medical profession by Dr. William F. Fitzgerald in 1913. Dr. Fitzgerald had discovered the fact that pressure and stroking of certain points on the feet would bring about the normal functioning of a specific location or organ in the body, no matter how remote it was from the reflex point being pressed.

Foot reflexology (or foot massage) is a marvelous healing tool, which can be easily learned. It can be used on oneself and others. The feet are switchboards where healing energies can be exchanged directly to the organs. This is often more efficient than energizing the area in questions, because the organs are less accessible than the feet, which are direct and accurate. Knowing which area on the foot to massage can also come in very handy in case of accident, where touching is often out of the question.

There are nerve endings in the feet which are connected to the various parts of the body. As a result of slowing down of the circulation in any part of the body, we form chemical deposits or waste matter, which lodges in and around joints and soft tissues.

When working the points on the foot designated to represent specific organs, pain in one spot may mean a blockage or congestion in the corresponding part of the body. These points can be held or massaged until they stop hurting. For example, if we find the liver very tender, we know that there is a crystal-like formation there interfering with the circulation of the blood to the liver, preventing it from functioning normally. As we massage and work this out, we are giving nature a chance to carry away the waste matter and restore the normal circulation to the affected part or parts.

The class on January 7 to be given at Gateways will offer simple charts and techniques for massaging these reflex points to bring relief from pain, relax nervous tension to help bring on sleep, and help slow down the advance of old age and senility.

By the correct use of foot massage we can reactivate the body's natural process of rejuvenation and regeneration of the cells.

Lilian L. Papier, Ph.D.

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Gateways is an organization of counselors and health professionals dedicated to the idea of helping people of all ages to achieve body/mind wholeness and health improvement through self-care.

WINTER WORKSHOP SCHEDULE

FOOT REFLEXOLOGY

An experiential workshop, presented by Lilian Papier, in this age-old system of healing and revitalizing the body through massaging, rubbing and holding specific spots on the feet. As a result of learning these "reflex points," you may be able to ease the discomfort of such conditions as a sore throat, upset stomach, congested colon or minimize a toothache, etc. for yourself and others. Please wear comfortable clothing with easy access to bare feet, and bring a large towel and some olive oil.

Saturday, January 7, 1984 10:00 A.M. to 5:00 P.M.

SELF-CARE DURING DARK TIMES

A day, presented by Ann Yeomans, devoted to the discovery of attitudes and principles that lead to understanding and healing during times of both inner and outer transition. Topics to be explored include: understanding of the stages of transition, destructuring the time in between and restructuring, opening to inner and outer help, as well as learning to care for oneself with patience and respect during difficult times. The workshop will be both experiential and conceptual and will give participants an opportunity to work with a specific transition or reorientation they may be experiencing in their lives or in the life of someone close to them.

Saturday, January 21, 1984 10:00 A.M. to 5:00 P.M.

A NATURAL APPROACH TO FIRST AID

This is a one-day workshop given by Jesse A. Stoff, M. D., who has a local private practice in Family Medicine. During the workshop he will cover many different common first aid situations and their management using natural substances, in addition to the usual first aid techniques.

For those interested, a first aid kit containing some of the herbs and remedies discussed will be available at a cost of $25.00. The purchase of the kit is not mandatory; but those who would like a kit should send for it to Gateways no later than January 7, 1984.

Saturday, January 28, 1984 10:00 A.M. to 5:00 P.M.

The fee for all one-day workshops is $25.00. Students and Senior Citizens, $15.00. Preregistration with a $10.00 deposit is requested for all workshops. Please send reservations to GATEWAYS TO WHOLENESS, HUPI ROAD, MONTEREY, MASSACHUSETTS 01245, or call 413-528-3974.

LOCAL LORE

INDIAN NOTES

Mahican Hunting and Farming

In their traditional life, the Mahican men did the fishing and hunting and the women tended the gardens. In the spring great shoals of herring and shad passed up the rivers to their spawning beds. Large numbers were captured in weirs and from dugouts and bark canoes by spearing and netting. Freshwater mussels were gathered in the shallows of rivers and ponds. Most of the fish and mussels were dried and smoked at the hunting camps and saved for winter food. Big game and water fowl were also hunted and the meat preserved.

Vegetable gardens were laid out near the villages in the river valleys. Trees were girdled and burned and maize, squash, beans and sunflowers were planted between the stumps. The gardens were small but intensively intercropped and productive. While the crops were growing, the women and children gathered groundnuts, berries and other forest foods and snared small game such as rabbits and woodchucks near the villages. A major source of food was the huge flocks of passenger pigeons whose arrival in the spring heralded the end of winter food shortages.

In late August most of the men returned from the hunting and fishing camps to assist with the harvest and take part in the Green Corn ceremonies. With dances, songs, and feasting, they gave thanks to the Three Lifegiving Sisters (corn, beans and squash). The harvest was carefully stored in pits lined with grass or bark. There were other ceremonies associated with the gifts of nature: the First Fruits ceremony celebrated the ripening of wild strawberries, the Deer Sacrifice took place after organized drives in the fall had brought in an abundance of venison and occasioned a time of feasting.

In November the villages were almost deserted as family groups moved out to their individual hunting territories in the low hills; apparently there was little game in the higher mountains. Each hunter, through dreams, prayers and fasting, sought the assistance of a Guardian Spirit to advise him and bring him success in the chase.

At midwinter the families again returned to the villages for the Bear Sacrifice and other ceremonies marking the time of the solstice. They shared their resources and began to draw on the stored vegetables and cured meat that had been prepared for this time. There was socializing and courtship, but also anxiety, for the food supplies dwindled fast and the Hunger Moon was approaching. In March the hunters went out on snowshoes hoping to catch moose in the deep snow. In addition to the meat provided by these huge animals, the thick hide was prized for winter moccasins and the big bones yielded marrow for nourishing soup.

Also in March came the first breaks in the cold weather and the rising of sap in the maples. Now the families moved to their sugar camp on the hillsides and the steam of boiling sap began to rise everywhere. As long as the supply lasted the people flavored everything they ate with syrup or sugar. With spring, the yearly round began again with the arrival of the geese and ducks and, soon after, the millions of passenger pigeons.

— David P. McAllester

(Readers will be interested in this brief note which David enclosed with his article this month.—Ed.)

What lends the enclosed verisimilitude for me is that I found a beautiful, sharp arrowhead on the shore of Lake Garfield a couple of weeks ago. I was all ready to desert the village and go to my winter hunting camp.

MORNING SPECTACLE

Our eight planets continue to be aligned like a string of jewels in the morning sky. Try to be out by 6:30 of the morning of Saturday, January 14, and you will see from southeast (where the sun will later rise) to the southwest, within a 60-degree arc:

Mercury, very low and just to the left of **Jupiter**. Jupiter is now a morning planet.

Neptune is tucked between the two, but you would need a telescope to see him.

Next comes brilliant **Venus**, with **Uranus** (again too faint to see) to her right and, still further over, old Antares in Scorpio.

Saturn, a slow mover, is still near Alpha Librae.

Mars sits well to the left of bright Spica in Virgo.

Pluto, still higher, cannot be seen with the naked eye.

To repeat: Mercury, Neptune, Jupiter, Venus, Uranus, Saturn, Mars, Pluto. Got trouble remembering? Repeat to yourself:

Mother Never Jumps Violently Under Spreading May Poles.

On January 27, the two bright rivals, Venus and Jupiter, will be only one degree apart. By then the sun rises fifteen minutes earlier than it did on January 14, and you might want to do the same.

— Loul McIntosh

TASTES AND FLAVORS

Cold weather suggests hot soup, a hearty soup that will warm you from the inside and fortify you with well-nourished comfort.

Whole Clam Chowder

3 Tbsp butter
1 large onion, finely chopped
3 medium potatoes, diced
2 Tbsp unbleached white flour
2 cups milk
1 10-oz can whole baby clams
black pepper to taste
additional milk to thin to taste

Saute onion in 1½ Tbsp butter until translucent. Add the potatoes, the clams and the broth they are canned in and cover. Simmer over medium heat about 20 minutes until the potatoes are tender.

In a small frying pan melt the remaining butter. Stir in flour and cook for a minute, stirring constantly with a whisk. Add milk gradually while continuing to stir until thick. Add to cooked mixture in soup pot. Add additional milk as desired to thin. I recommend serving it thick. Season with a few generous shakes or grinds of black pepper. Serve immediately.

Serves 4.

— Leslie Scutellaro

Weasel territory *Photograph by Dede Cummings*

THE WAYS OF THE WEASEL

Sly, mean, slippery, wicked as a weasel. All the creatures on the planet have specific characteristics, and it is a characteristic of human beings that we must study and label all the others. It is also typical of us that when we see behavior or interaction among other animals, we interpret it in our own light and by our definitions in order to "better understand" it. This is a little like the man hunting around under the streetlight for his lost wallet. When asked, he said he'd actually lost it half a block back, but the light was too poor there to find it.

It is fair to say that weasels are strange, by our lights. We simply can't understand a tiny eight-ounce animal that will fly in a rage at a creature more than 200 times its size. Some writers call this courageous, others call it crazy. A man surprised a weasel in his hen house and stood between the weasel and a chicken. Instead of running out the door, the weasel charged the farmer repeatedly until it was finally discouraged by the man's kicking. Another time a cowboy thought he saw a pack-rat run under his saddle where it lay on the ground. He was afraid the leather would be chewed up or damaged so he gave the saddle a kick. Out ran a weasel, hopping mad. But instead of taking off into the night, it ran straight up the cowboy, who shrieked and cursed and flung the weasel away, only to have it come at him again. The cowboy was finally rescued by a bull terrier, who have the weasel one quick shake.

This fearlessness and perseverence, and what several writers have called assiduity make the weasel an excellent hunter. It preys on everything from shrews to turkeys, with a few insects and frogs thrown in when times get hard. Many of these creatures, especially rabbits and hares, are actually faster runners than weasels, being much larger and stronger and having long legs. But none can beat the weasel for sheer single-mindedness of purpose, and there is practically no place any of these animals can hide where a weasel won't follow.

We have three kinds of weasels in the United States: the short-tailed, the long-tailed and the least weasel. The largest and most common is the long-tailed or *Mustela frenata*. It is about a foot long, with a four- to six-inch tail. In summer it is brown above with buffy yellow underparts and white chin and upper lip. The tip of the tail is black. In winter, a hormonal change triggered by shorter day-lengths turns the weasel white like the snowshoe hare. Only the tip of the tail and the sharp little eyes are black against the snow.

Actually, the least weasel is *all* white in winter. It is the smallest of the carnivores, lives nearly entirely on mice, and weight only 1½ to two ounces. Its body is six inches long and its tail one to 1½ inches. Inevitably, a scientist became curious as to why some weasels have black-tipped tails and some don't. He made dummy weasels of fake fur and styrofoam, some with black-tipped tails and some without. He trained three red-tailed hawks to dive for weasels, painted a white background, and took careful notes. What he found was quite interesting. Although the white fur of a weasel is good camouflage coloring against snow, it is not perfect. It is apt to be a bit yellow at times, enough to be discernible to a hawk. The black tail tip shows up so dramatically, though, that the hawk's attention is drawn away from the head and body and it aims for the black tail when it dives. This is an excellent device for the weasel because a hawk's talons can't clutch and hold the slim tail and the weasel has plenty of time to dash to safety before the hawk can reorganize itself for another attack.

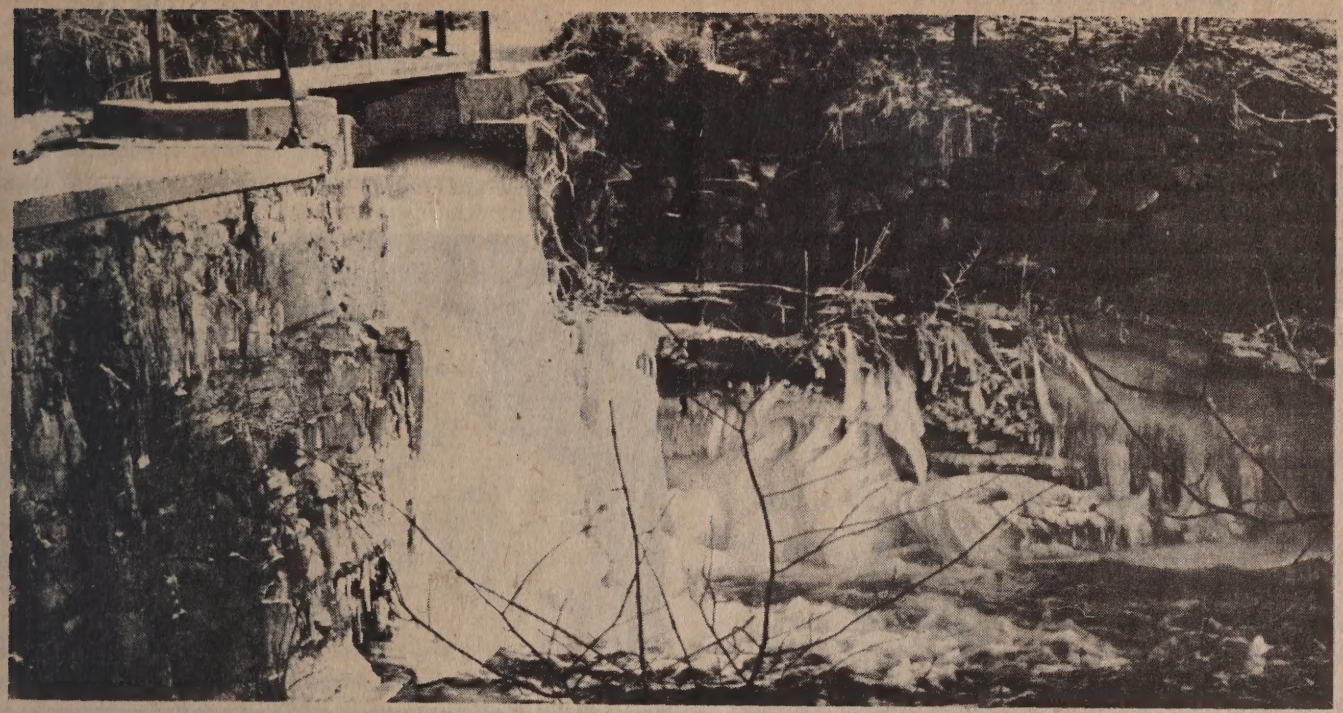
Why then doesn't the least weasel have a black tail tip? Because the animal is so small and the tail so short that a hawk closing on the tail with one foot would grasp the body with the other. Weasels are preyed upon by lynxes, minks, martens, fishers, foxes, and cats. In winter, though, their special coloring gives them good protection from most birds of prey.

Despite its scandalous reputation for chicken slaughter, the weasel's chief economic influence in the world of human agribiz is positive. The two smaller species can follow a mouse into its hole, and their high metabolism and active lifestyle demand they eat one-third their own weight every day. A pair of adults feeding six to ten babies must keep busy indeed, since growing weasels need half their body weight daily in food. Imagine feeding your thirty-pound child fifteen pounds of meat a day. Imagine having ten such ravenous children.

Weasels are killers, and they certainly kill chickens. But we see weasel tracks in the snow every winter along our brook, fifty feet from the chicken house, and we have only once lost three tiny chicks to a weasel. At that time we tried to weasel-proof our shabby little dump-lumber chicken-house, which meant leaving no opening larger than one inch across. How many hen houses can boast such security? Not ours. We have heard stories of weasels gone "berserk" killing sixty hens in one night, so we feel lucky to have lost only three small chicks in nine years of minimum-security chicken-farming. We've lost many more than that to Causes Unknown and our own dog. But we also realize that these figures tell a familiar story abot the farmer and the wild predator. There are a lot of weasels, coyotes, hawks, and foxes out there gobbling down the mice and rabbits every day. But the ones we hear about are the few that hit the hen house. It is generally the bad news that makes it into the newspaper.

If you don't see a weasel this winter, or a black tail tip racing across the snow, you might see a weasel's tracks. They occur in pairs, at intervals of a foot or more. The trail shows the personality of the creature: bright, curious, impulsive. Often it crosses back on itself, and always it pokes under logs and into snowbanks as its graceful, tireless author loops along in constant search for more mice.

— Bonner McAllester



The falls on the Konkapot behind the General Store

INFINITY IS IN THIS PLACE

Infinity is in this place
is in this spot
& In this time of crystal clocks.

Infinity wears cricket boots
and kitten elbows,
turning capers faster than
a skater's pleated socks.

Infinity has wrinkles on the forehead brow
and toenails with mooncurve grace.

Infinity sports a bright bow tie
& starch-cuffed limousines
that turn on trumpetshining
Silken lace.

Infinity is an old friend, a lover,
a janitor of means;
whisking bags of bones around
like any dashing sprinter might
with winged shoes and silver jeans.

Infinity has no corners to sweep or sand
or be painted into absentmindedly by hand.

Infinity has no edges or sides
no back, rivulets or ripping tides;
no symmetry to speak of here
(or sutures to rend or send or mend)
Infinity is far too near.

Infinity is an old friend, a lover,
a janitor of means
Painter of the Earth and Space
with blues, blacks, whites, reds, oranges, purples,
browns and greens.

— Steve Maye

BREATH

There is nothing
more mysterious
than breathing.
Oceans of new air
meet rivers of
old blood,
Nomadic electrons
from distant
stars
Recharge their enthusiastic
Potential
with primitive
Success
in allowing captured
Identity
To shine of obedient
Freedom

— Steve Maye

ANNOUNCING . . .

THE SECOND ANNUAL MONTEREY FOOD DAY

AT THE MONTEREY FIREHOUSE

Escape the winter doldrums!
Plan for spring planting!
Discover how good is good food!

SATURDAY, FEBRUARY 4 from 11 to 4

Featuring . . .

WORKSHOPS

★ *More of Susan Sellew's* ***Salad Garden Plans***, seeds and instructions.

★ ***Canning and Freezing Lessons*** to inspire those who want to plan a big garden this summer

★ ***More on Fruits and Berries*** by Mass Fruition Advisor Deborah Gray

★ ***Composting Made Easy*** by Bob Thieriot

★ ***Nutrition Nuggets*** from one of Monterey's own professionals, Lilian Papier.

★ ***Kids' Activities*** in the church social room—ages 6 and up.
Special Attraction: The Junk Food Hall of Shame.
Don't Miss It!

A CONTEST

To guess when the last snow will be in 1984. Fabulous Prizes.

Rumor has it
that a larger-than-life
Groundhog
will be around all day
to take bets and
make obscure predictions of his own.

DEMONSTRATIONS AND DISPLAYS

Fantastical Varieties of Sprouts with how-to demonstrations, seeds and kits for sale, and taster stations.

Bread and Pasta Making. Fresh bread for sale.

Scenes from Food Day '83—the Food Project Family Album.

From the family album: Virgil Brallier using a flowering broccoli for a microphone at MFP Awards Ceremony

Jan Lanoue's rabbits and pelts.

Monterey Food Co-op food and information booth.

Sample tastes of root cellar salads by ingenious Monterey gourmets.

Homemade tofu demonstration and sale.

Movies and video shows on food and farming through the day.

Local delicacies to eat and drink. Snacks and lunch food.

Childcare available at small cost for young children.

REGISTRATION

Blanket Registration Fee allows you to go to all the workshops or to pick and choose. Send Pre-Registration Fee ($1.50 for adults, $.50 for children under 12) to Susan Sellew, Box 345, Monterey, or drop by Milly Walsh's Mobil Station, Main Road. Registration at the door on February 4 will be $2.00 for adults, $1.00 for children. For more information, call Susan at 528-2138.

Complete schedules for Monterey Food Day will be available a week prior to the event in the Monterey General Store, Roadside Store, and Walsh's Service Station.

Monterey Food Project

ELW

PERSONALS

Scratchboard drawings by **Lois Ryder** were shown through the month of December at the Millerton Free Library in Millerton, New York. Included were two dozen large and four dozen miniature drawings. Subjects included birds, animals, and flowers, nautical and New England scenes.

Ms. Ryder's work has received numerous awards, including best in show in the Springfield Arts and Crafts Show of more than 200 exhibitors.

Peter Brown, an accomplished organist as well as Great Barrington's postmaster, performed December 9 at the last 100th anniversary event at Great Barrington's First Congregational Church.

Mr. Brown played familiar semi-classical and traditional Christmas music on the Milborne Rossevelt organ.

David A. Hastedt, son of Arthur C. and Kitty A. Hastedt, has been promoted in the U. S. Army to the rank of captain. He is the commander of Headquarters Company, 1st Engineer Battalion, at Fort Riley, Kansas. He is a 1972 graduate of Mount Everett Regional School in Sheffield.

John O'Connor Jr., known as David, a specialist fourth class in the U. S. Army, has recently returned to the U. S. after spending five weeks in Grenada. David was sent to Grenada with the 525th Military Intelligence Group and receive an Army Commendation medal for his work there. He is now stationed at Fort Bragg, North Carolina.

MARTHA VORCK

Martha Dewey Vorck, 83, of Route 23, died November 27 at Fairview Hospital in Great Barrington.

Born in Great Barrington on August 7, 1900, Mrs. Vorck lived in Wellesley Hills for many years. Her husband, Frederick W. Vorck, died in 1947. She came to Monterey in 1981 to make her home with her son, Frederick D. Vorck.

Besides her son, she leaves a brother, William F. Dewey of Seminole, Florida, and three grandchildren.

CALENDAR

Contradance Schedule

Saturday, January 14—8:30 p.m. at the Sheffield Grange. Beginners and children welcome. Mountain Laurel, with Joe Baker, caller. For information call 528-9385.

Saturday, January 28—8:30 p.m. at the Sheffield Grange. Intermediate dancers. Mountain Laurel, with Joe Baker, caller. For information call 528-9385.

WHO HAS AN EXTRA STAINLESS STEEL BOWL?

Don Victor called to say that somebody inadvertently picked up his stainless steel salad bowl after the Holiday Community Dinner this year. Whoever ended up with an extra bowl please call Don at 528-3742. He will be glad to be reunited with his dish.

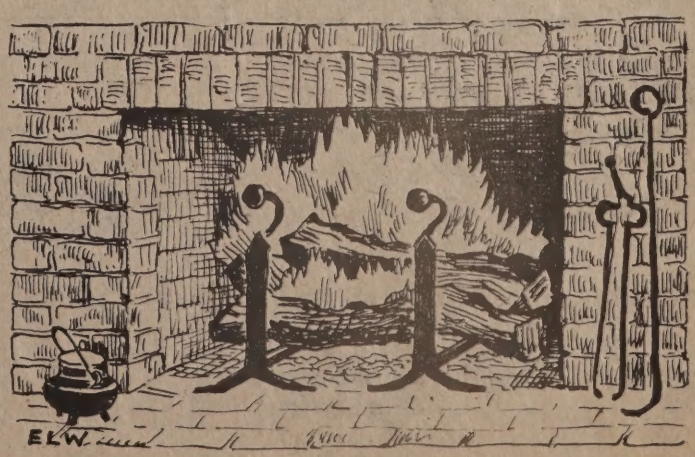
LETTER TO THE EDITOR

We have very much enjoyed the *Monterey News* we have been receiving (thanks to our son, Peter) and this small contribution is to help keep your paper going. Thanks!

— Kathryn S. Murkett

The Thorn family's hayloft creche

Season's Greetings and Happy New Year from the staff of the *Monterey News*



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Deadline for all ads and articles to be typeset is the **fifteenth** of each month; for camera ready ads the deadline is the **twenty-fifth** of each month. Mail to: Box 264, Monterey, MA 01245.

If you wish to have your ad typeset, please call Eileen Clawson, 528-4835, for typesetting rates.

ACKNOWLEDGEMENTS

The *Monterey News* wishes to thank the following for their contributions this month: Claude and Eleanor Kimberley; M/M James S. Connery; Hedy and Eric Craven; Marjorie Fuller; Howard and Kathryn Murkett; Mrs. M. Halley; William D. Bell; M/M Robert H. Ensign; William Swan; Frank D'Amato; M/M Robert Gunther; Joan W. Reed; Mary B. Ward; Ottalie K. Williams; Ruth Bernstein.

COMMENTS

— We think it's great!
— Great job.
— I thoroughly enjoy it! It's lively, informative, and is the "closest thing" to being in Monterey right now. Captures its "special spirit." Also I especially enjoy Dr. Brallier's column.

AD RATES

One-inch classified ads (1" x 3⅜" or less)	$2.50
Two-inch business cards (2" x 3⅜" or less)	5.00
Three-inch size (3" x 3⅜" or less)	7.50
Five-inch size (quarter-page size: 5" x 3⅜")	12.50
Half page (either horizontally across page or vertically, one column wide from top to bottom	25.00

No full-page ads.

Back cover rates:

2" card	10.00
Quarter page	20.00
Half page	40.00

No classifieds on back cover.

STAFF

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Except where otherwise noted, photographs by Susan McAllester and drawings by Edith Wilson.

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